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IN TOUCH



The Magazine of Barkston, Belton, Honington and Syston

Acting Rural Dean:	Revd. Alan Littlewood (lovedendeanery@btinternet.com)	01400 231468
Associate Priests:	Revd. Stuart Hadley	01476 575854
	Revd. Lilian Hall	01400 251590
Reader:	Mr R O Wall	01400 281133
Editor:	Mrs Wendy Card (alan.c.card@btinternet.com)	01400 250462

Issue 309

November/December 2013

THE STAG

Marcus and Tracy would like to welcome all customers, old and new, to The Stag

Food being served Monday: 6 - 9pm; Tuesday - Saturday 12 - 2pm; 6 - 9pm

Sunday: 12 - 2pm

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From the Rectory

From the start of our marriage, Monica did virtually all the cooking – from scratch (allowing for the occasional take-away or meal out). Not since my student days have I had to do it myself. I’ve resolved to try and maintain Monica’s standards and ensure a healthy, balanced diet. It’s a steep learning curve and there’s been the odd disaster along the way! We all know that unhealthy eating can have severe consequences and we may believe we are eating well, but sometimes we can be lacking something without realising it.

Of course, it isn’t all about food. The same principals of healthy balance apply to every part of our life, including taking exercise (I know I don’t get enough of this) and a spiritual component (don’t know how I’d manage without it). If either is lacking, it’s detrimental to our health – whether we know it or not, whether we believe it or not. As with starting a healthier diet, it can take time before we notice the improvement, but, with perseverance, we certainly will. I can recommend it to you. And, as with food, there’s plenty of choice - and variety is the spice of life.

I wish you wholeness and health.

With every blessing,

Alan

Rev Alan Littlewood
Acting Rural Dean of Loveden

01400 231145
ancaster.rectory@btinternet.com

P.S. On Sunday 3 November there is an ‘All Souls’ service at St Swithun’s Church, Long Bennington. This is a time to commemorate all who have died, whether recently or further back in time. Everyone is welcome – contact me if you need a lift.

County Council Representatives

Ray Wootten is County Councillor for Barkston, Belton and Syston Parishes.
 (Telephone 01476 400183 or e-mail clrr.wootten@lincolnshire.gov.uk)

Chris Farrar is County Councillor for Honington Parish.
 (Telephone 01522 789125 or e-mail clrc.farrar@lincolnshire.gov.uk)

Both will be happy to deal with any matters of concern.

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Jocelyn's Voluntary year in Honduras with Project Trust

First of all I'd like to apologise for writing so belatedly. However when I left for Honduras a new editor of the In Touch was yet to be found so I was unable to get anything published. By the time of you reading this I will have returned from my five day trip to Guatemala and Belize, a trip which was necessary in order to renew my visa for the next three months. In some ways it seems like ages since I waved goodbye to Syston; I can't remember what it feels like to be cold, to lie on a sofa or to drink a cup of Great British tea. But in other ways it feels like I've only just arrived; I now know the names of all the 39 children and 11 Honduran nannies and they too know mine.

I understand the children's individual personalities a lot better and with my Spanish improving each day I am now able to communicate much better with both the nannies and children (although my sentence structure is horrendous but I just laugh along when they laugh at me). The home, as I said, has 39 children and they are aged between 7 months and 15 years. The majority of them attend school so I spend most of my time with the 12 toddlers providing love and attention, changing nappies and creating games and activities to aid their development. There is also one severely disabled boy called Pedro that I do exercises with, the ultimate goal with Pedro is that one day he may be able to walk independently.

My Project Trust partner Jenny and I share a bedroom together and a house with the directors of the home and two other long-term volunteers. Jenny and I do our food shopping together and I have assumed the role of Chef. I cook our evening meals - we have cereal for breakfast and eat lunch with the children - which with our decision to become vegetarians due to the extortionate price of meat proved a challenge in the beginning but I am definitely getting the hang of it now!

It's safe to say that I am having the time of my life in Honduras and each day I fall in love with the people and this country even more. I would just like to (very belatedly) thank everyone that supported me in getting here, I appreciate it more than I can express in words. From those of you that gave a donation, endured the quiz night, gave a tip at the Farm Shop or

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18th November, 16th December, 13th January, 10th February and 10th March.

The Leas: Mondays, 11.30 a.m. - 12.30 p.m.

25th November, 23rd December, 20th January, 17th February and 17th March.

West Street: Tuesdays, 10 a.m. - 10.30 a.m.

5th November, 3rd December, 31st December, 28th January, 25th February and 25th March.

Old School House, Syston: Tuesdays, 10.45 a.m. - 11.15 a.m.

5th November, 3rd December, 31st December, 28th January, 25th February and 25th March.

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Items for inclusion in the next issue of 'In Touch' to Wendy Card

Telephone 01400 250462 or e-mail alan.c.card@btinternet.com

by Friday, 20th December, please.

simply just bought a quiz sheet I honestly would not be here without your amazing support. It's been so difficult trying to fit everything into this short paragraph (well, few paragraphs) and I could talk about here for so much longer. If you would like to read a bit more I do have a blog the address of which is www.jocelynstrawson.wordpress.com. I hope everything is well with you all.

Lots of Love from Honduras!

Barkston & Syston CE School

Christmas Fayre

Saturday 30th November 2pm-4pm

We will be having a fun mix of stalls and games. Fun for all the family.

The school choir will be performing.

Come and visit Santa!

Stalls include, The Body shop, Phoenix cards, Usborneonline books, Partylite candles, Stained glass gifts, Crafts, Aloe Vera products and more...

Bike and Stride

A big well done to Maddie, Gwen and Mike James and Betty Lane for taking part in this year's Bike and Stride event. Between them they raised £217.00 to be split between Lincolnshire Churches Trust and St Nicholas Church, Barkston.

Thanks also to everyone who sponsored them.

Carrie James

Remembering our departed loved ones

For the past two years, on the Feast of All Souls, a special church service has been held for people in the Loveden deanery area to remember and give thanks for their departed loved ones. It's an ancient and lovely service, when the names are read out and a candle lit for each of them. These services have been very much appreciated by those who came, and so we will be holding another this year, and are again inviting any in the parishes who have lost loved ones to take part. The service will take place on Sunday, November 3rd, at **Long Bennington Church** at 4.00 p.m. If you are unable to attend, your loved one's name can still be read out and a candle lit. If you would like to be included, please contact one of the following clergy:

The Revd Lilian Hall,

e-mail johnandlily.hall@btinternet.com Tel: 01400 250729

The Revd Stella Langdon-Davies,

e-mail stellalangdondavies@btinternet.com Tel: 01400 281395

Services of Wholeness and Healing

Wholeness and Healing services are held on the second Thursday of each month at St Nicholas' Church, Barkston at 7.30 p.m. These are quiet reflective services, where people have an opportunity to pray for any concerns, personal or of a wider nature. The service consists of two or three hymns, a meditation, prayers and opportunity to light candles, place written prayer requests on a Prayer Tree, receive the laying on of hands for oneself or for others, or simply to enjoy a time of peace and rest. Prayer is complementary to, and in support of the work of medicine and treatment.

St Nicholas' Church is warm and has toilet facilities. Refreshments are served after the service. The next services will be held on Thursday, 14th November, 12th December and 9th January. Joy Bristow (01400 250339)

Prayer and Praise

Prayer and Praise at the home of Joy Bristow, 38 West Street, Barkston, (01400 250339) will be held on Mondays 4th and 18th November, 2nd and 16th December and 6th January at 4.00 pm. Joy Bristow (01400 250339)

Richard Simeon Watson

I should, on behalf of the family and myself, like to thank everyone who sent letters, cards and messages of condolence following the death of my husband, Richard. These kind thoughts were very much appreciated by us all.

Sue Watson

been expressed at the reduced level of library provision and the Clerk reported on correspondence with the County Council.

A quotation for the maintenance of trees in River Lane, Syston and the Village Green at Barkston was accepted.

The Clerk's contact details for the Burial Ground were incorrectly reported in the last edition – these are: starlight_hall@hotmail.co.uk

The next meeting is on MONDAY 11th NOVEMBER 2013 at 7.45 pm at the VILLAGE HALL. Malcolm Hall. Clerk to the Council

Thank You

As Caretaker/Booking Secretary for the village hall for approximately the past thirty years, I have decided to hang up my brush and dustpan.

Thanks to all committee members and users of the hall that I have worked with over the years for their help and support. Janet Baker

Friends of Barkston Church

We are holding our annual Christmas concert, once again, on Friday 6th December at 7 p.m. in Barkston Church. If you would like to take part please contact me, or one of the Friends, and you would be very welcome. As usual we shall have a retiring collection for the Rainbow Children's Hospice. We do hope you will come along and join us on the 6th.

Margaret Elnor, 01400 251886.

LIVES UPDATE

The Barkston and Syston Lives First Responder Group is up and running, after its members have undergone the necessary training. Funding for the Group is to be considered by the Parish Council at its budget meeting in January, but Lives are always looking for other sources of funds for Groups, as they are a charity. Any ideas would be welcome - see any member of the group or contact Lives direct.

The Group is looking for a Co-ordinator. Tasks for this post are not onerous, principally being a link between members and the Lives HQ in Horncastle, and also looking after tasks not carried out by the responders themselves. If anyone is interested, they should contact Steve Hyde at Lives HQ (shyde@lives-responders.co.uk).

Malcolm Hall, Clerk to the Parish Council

Barkston and Syston Parish Council

A Meeting of the Parish Council was held on Monday 9th September 2013. 8 members of the Parish Council were present. One member of the public attended.

The meeting commenced with the public forum. Issues in relation to the safety of the newly installed central refuge on the A607 were mentioned, and a formal complaint had been made to the County Council. The County Council had replied that the refuge had been constructed to standard. Further comments were made in relation to the number of wind turbine applications in the area

Many highways matters were discussed. The letter in regard to the footpath in front of the Bedehouses which had been prepared by Councillor Jackson and the Clerk had been sent to the MP, but no reply had been received other than an acknowledgement, and nothing had been heard from the County Council. It was agreed to give the County Council until December to reply.

Discussion took place with regard to the ongoing road works on the A607. The issue raised in regard to the use of the Village Green, which was being used as a temporary vehicle/equipment park by the contractors, had been resolved and no lasting damage had been noted. There were no issues in regard to potential damage to the river. It was expected that the reactive signs would be installed within two weeks, and the completion of the double yellow lines in the Village Green area had been noted for action. The Clerk was asked to remind the County Council of the outstanding issue regarding the installation of double yellow lines around the Church Street corner, in the interests of road safety and access. Councillor Elnor reported on dangerous gates protecting the railway crossing near Mill Farm, and on action taken to contact Network Rail for repairs.

On planning, there had been no objection to the felling of a conifer at a property in Church Street. A neighbouring authority consultation in respect of a solar farm at West Willoughby, on the northern border of the parish was also not objected to. The wind turbine at Marston was now subject to an appeal, and there had been a fresh application on a different site at Carlton Scroop on which an objection had been made.

It was agreed to accept a quotation for the cutting of the Burial Ground hedge, and replanting on the Honington Road side, where there were gaps. Brambles and vines would also be removed. The Clerk advised that the northern half of The Burial Ground was nearly at capacity and it would be necessary to start using the southern side and he requested authority to have the area surveyed and a new plan prepared.

Funding requirements for the Lives group and a possible defibrillator were discussed, and the Clerk was asked to report to the next meeting. Concern had

St. Nicholas Knitting Circle, Barkston

Our next Knitting Circle meetings will be on Mondays 25th November, 16th December and 27th January in the Community Centre, St. Nicholas Close, between 2.00 p.m. and 4.00 p.m. We knit for The Jacob's Well Appeal, Beverley, Yorkshire.

COFFEE MORNING

Wednesday 20th November

10.00 a.m.—11.30 a.m.

The Centre, St Nicholas Close

Raffle, Craft, Produce and Books

Proceeds to The Jacob's Well Appeal based in Beverley, Yorkshire.

(This appeal transports knitted and other goods to disaster areas around the world, especially Africa), Joy Bristow (01400 250339) and friends

Harvest Supper

The Harvest Supper, held on 5th October, was enjoyed by some 66 attendees and with entertainment by a live trio marked the end of 30 plus years of service to our local community by Janet and Tom Baker. We wish Janet and Tom every happiness in the coming years and hope they will still feel able and willing to join us for future events.

We would also like to show our appreciation to each and every member of the local community who participated in the organisation of the event as without them such occasions would not be possible, from the ticket sellers to potato suppliers and bakers, salad and apple pie providers, from the setting out, laying of the tables, clearing away and washing up, a veritable army of you, mercie, danke, grazie and thank you all very much. Additional helpers would be very welcome for a couple of hours on the day of next year's Harvest Supper.

Our new caretaker is Mrs Carole Bradshaw and for those hoping to use the Village Hall, her telephone number is 01400 250744

The Village Hall is there for us all and the Committee who meet on average 6-7 times per year always has a welcome for new ideas for events and for those who would like to participate in them.

Elizabeth Cole, Chair Village Hall Committee

BARKSTON AND HOUGH GROUP OF PARISHES				
Date	Barkston	Belton	Honington	Syston
3rd November 4th before Advent	MP 11am	HC-JC 11am		MP- RW 9.30am
10th November Remembrance Sunday	Rem. Service-SH 10.45 am			Rem. Service-JC 9.30 am
17th November 2nd before Advent				HC-JC 9.30am
24th November Christ the King	FS-JB 11am			
1st December	I regret that no service details are available for December. Please look on your church notice-board.			
8th December				
15th December				
22nd December				
29th December				

KEY:

HC - Holy Communion **FC** - Family Communion **FS** - Family Service
MP - Morning Prayer **ES** - Evening Song **EP**—Evening Prayer **CS** - Crib Service
RS - Remembrance Service **SP** - Solemn Prayers

AL - Alan Littlewood **SH** - Stuart Hadley **LH** - Lilian Hall **JC** - John Cook
JB – Joy Bristow **PC** - Peter Coombs **DF** - Di Fairhead **RF** - Dick Fairhead
JL - John Lord **BL** - Ben Lyte **SM** - Sheila Mitchell **AS** - Angela Sims
BG - Betty Groves **BH** - Barbara Hancock **DH** - David Hitchcock
RW - Bob Wall **MT** - Ministry Team **(RS)** - Richard Shireby **(BW)** - Brian West
Organists: **(ZG)** - Zoe Glossop **(RH)** - Richard Hyley **(RoS)** - Roger Sadler

SERVICES DURING JULY—AUGUST 2013				
Brandon	Hough on the Hill	Hougham	Marston	Notes
MP-AS 10 am			HC- SH 9.30am	
	MP-RW 9.30am	HC-JC 9.30am	Rem. Service-LH 10.45 am	
HC-SH 9.30 am	MP-RW 9.30am		MP 9.30am	
	HC-JC 9.30am	EP-SH 5 pm		

Holy Matrimony

Barkston. On 31st August 2013 - Lee French and Carly Sale.

Holy Baptism

Belton. On 1st September - Matilda Kathleen McDonnell.
 Belton. On 6th October - Willa Beatrix Goss.

Burials

Barkston. On 11th September - Richard Simeon Watson.